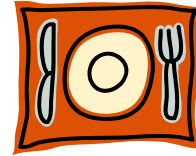


LUNCH MENU



Term 3 Week 6	Monday 05/02/18	Tuesday 06/02/18	Wednesday 07/02/18	Thursday 08/02/18	Friday 09/02/18
<i>Option 1: Main Meal</i>	Roast Chicken & Tomato Layer Bake And Cauliflower	Beef Cottage Pie With Mixed Vegetables	Sausage & Tomato Pasta With Peas & Carrots	Char Grilled Chicken with Broccoli & New Potatoes	Breaded White Fish With Mash Potatoes & Garden Peas
<i>Option 2: Vegetarian Meal</i>	Vegetable & Potato Layer Bake And Cauliflower	Vegetable Mince Cottage Pie With Mixed Vegetables	Tomato Pasta With Peas & Carrots	Quorn Burger with Broccoli & New Potatoes	Veg & Cheese Fillet With Mash Potatoes & Garden Peas
<i>Dessert (D)</i>	American Pancake with Syrup and Fruit Topping	Pear & Choc Sponge (50%) & Choccie Sauce	50% Fruit Topped Cookie Surprise!	Rice Pudding with Peaches	Valentine's Cupcake
<i>Or Fruit (F) Or Yoghurt (y)</i>	Fruit of the Day or Yoghurt	Fruit of the Day or Yoghurt	Fruit of the Day or Yoghurt	Fruit of the Day or Yoghurt	Fruit of the Day or Yoghurt

Allergen Info (need by law)

Term 3 Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Option 1: Main Meal</i>	Contains: Dairy	Contains: Dairy & Fish	Contains: Gluten	Contains: Allergen Free	Contains: Fish Dairy & Gluten
<i>Option 2: Vegetarian Meal</i>	Contains: Dairy	Contains: Dairy Egg & Soya	Contains: Gluten	Contains: Soya egg & gluten	Contains: Gluten & Dairy
<i>Dessert (D) Yoghurt contains Dairy</i>	Contains: Dairy Egg & Gluten	Contains: Dairy Egg & Gluten	Contains: Gluten & Dairy	Contains: Dairy	Contains: Gluten & Egg